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# Allander Aikido Club

## Sensei Tony Sargeant, 6<sup>th</sup> Dan

Aikido Weekend Seminar

3<sup>rd</sup> & 4<sup>th</sup> March 2012

Allander Aikido, Glasgow

Limited spaces, age 18+ only. The sessions will include taijutsu and weapons training – bring ken and jo together with proof of insurance.

### Approx. Timetable

#### Saturday 3<sup>rd</sup> Sessions

Registration 11.30am

1. 12.00 - 13.00

2. 13.15 - 14.00

Lunch 14.00 – 15.15

3. 15.15 - 16.15

4. 16.30 - 17.15

5. 17.30 - 18.30

#### Sunday 4<sup>th</sup> Sessions

6. 12.00 - 13.00

7. 13.15 - 14.00

Lunch 14.00 – 15.00

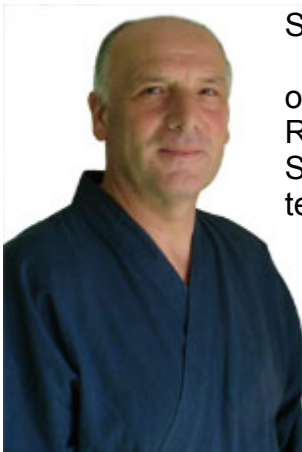
8. 15.00 - 16.00

9. 16.15 - 17.00

10. 17.15 - 18.00



Sensei Sargeant, Cambridge



### Sensei Tony Sargeant

- has been training for 39 years. Living in Cambridge, he is the head of Takemusu Iwama Aikido Europe with clubs in Great Britain, Greece and Russia. Since 1983, he has followed Morihiro Saito Sensei, 9th dan Shihan, and is dedicated to passing on his traditional Iwama style and teachings.



Sensei Sargeant with Saito Sensei

Cost – one day £30

both days £60

book both days by 25<sup>th</sup> Feb, £50

Location – Allander Aikido,

Killermont Parish Church Hall

Rannoch Drive

Bearsden

Glasgow G61 2LD

Directions – from M8 head north (3.5ml) on A81, turn rt. at Renault garage into Rannoch Drive. Church on r.h.s. after 0.3ml.

More detail, googlemap G61 2LD or see our website for maps / pics

Lunch – bring packed lunch or ASDA is few mins drive.

Recommended Accommodation  
Premier Inn, 279 Milngavie Rd.  
Bearsden, (2 ml. from venue, twin rooms £52) 0870 990 6532

Saturday evening meal -  
We will be organising a meal in the Burnbrae Inn (next to Premier Inn) at 8pm on the Saturday evening.

